



KUDO ASIA SEMINAR 2025

PARTICIPANT GUIDE

20th-21st 2025

ORGANISER: KUDO INTERNATIONAL FEDERATION

HOST: KUDO FEDERATION (SINGAPORE)



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Participant Guide for Asia Seminar 2025 (International)



Welcome!

Osu!

We're thrilled to welcome you to Singapore for the **Kudo Asia Seminar**, taking place on **20th and 21st September 2025**.

This guide is designed to help you make the most of your seminar experience. Inside, you'll find everything you need to prepare for the event — including what to expect during training, what to do after the seminar, and essential travel information.

We've also included helpful tips on accommodation, local transport, dining, and navigating Singapore. You'll find a handy packing checklist and key contact details should you need assistance.

We look forward to training together.

Safe travels — see you in Singapore!

Kudo Federation (Singapore)



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◆ Seminar Overview

- **Dates:** Saturday & Sunday, 20–21 September 2025
- **Venues:**

Saturday 20 th September	Sunday 21 st September
<p>▶ Referee Training (1 Kyu and above) 🕒 Time: 10am to 12pm ➡ Arrive: 9:45am</p> <p>📍 Boat Quay Dojo 18A North Canal Road, Singapore 048830</p>	<p>🕒 Time: 10am to 5pm ➡ Arrive: 9:45am</p> <p>📍 Bedok Sports Stadium 3 Bedok North Street 2, Singapore 469643</p> <p>▶ Kihon & Grading ▶ Lunch Break ▶ Senior Belts Sparring</p>
<p>▶ General Training 🕒 Time: 2pm-5pm ➡ Arrive: 1:45pm for registration</p> <p>📍 Bedok Sports Hall 3 Bedok North Street 2, Singapore 469643</p>	<p>▶ Sayonara Group Dinner 🕒 Time: 7pm to 10pm</p> <p>📍 Bedok Reservoir Club House 900 Bedok North Road, Singapore 479994</p>

- **Host:** Kudo Federation (Singapore)
- **Language:** English and Japanese
- **Contact:** events@sgkf.sg | WhatsApp [+65 8091 8098](tel:+6580918098)



◆ Who Can Attend?

Only **current, active Kudo practitioners** may participate in the two-day seminar.

To verify eligibility:

- Ensure your Kudo membership is valid and up-to-date.
- If you are **not a current Kudo practitioner**, please **contact your local Branch Chief** to discuss eligibility and approval.

⚠ Note: Non-practitioners or those without formal Kudo registration may not be allowed to attend for insurance and safety reasons.

The general training held on Saturday 20th September is open to residents of Singapore of all martial arts styles, affiliation. Students of all experience levels are welcome to participate.

If unsure about eligibility, **contact your local Branch Chief or email events@sgkf.sg**

◆ Seminar Content

The seminar will include:

- Kudo technical drills and sparring strategies by Jukucho Kenichi Osada, Shihan Ryota Azuma (Shimizu) and Yutaro Nakagami.
- Ido Geiko with movement refinement
- International Kudo grading syllabus
- Live sparring under Kudo rules
- Instructor Q&A sessions

Dress code:

- Kudo Gi (white or blue) with Kudo markings
*For the general training, participants attending the public seminar may wear their Karate gi and belt, or opt for a T-shirt and shorts.
- Belt
- Kudo Helmet (required for grading)
- Kudo/MMA gloves (optional for general training)



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- Shin guards (Optional for general training)
- Mouthguard and groin guard (required for grading, optional for general training)

Guide to Official Kudo Gear

<https://ku-do.org/what-is-kudo/kudo-gi-official-gear/>

There will be the option to purchase a Kudo gi onsite on the day.

◆ Travel & Visa Requirements

Visitors from many countries **do not require a visa** for short stays in Singapore. However, **visa requirements vary depending on your nationality**.

Visa Required (Apply in Advance):

Participants from the following countries **must apply for an entry visa** before arriving in Singapore:

- Afghanistan
- Armenia
- Azerbaijan
- Bangladesh
- Democratic People's Republic of Korea (North Korea)
- Egypt
- Georgia
- India
- Iran
- Iraq
- Kazakhstan
- Kyrgyzstan
- Lebanon
- Syria
- Tajikistan
- Turkmenistan

(This is a non-exhaustive list; please confirm with the official ICA website or your nearest Singapore embassy.)



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Check your visa status and apply here:

https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa_requirements



Visa-Free Entry (General):

Most participants from:

- **Japan, South Korea, Europe (EU), UK, USA, Canada, Australia, New Zealand**, and most ASEAN countries **do not require a visa**.

However, all visitors must:

- Hold a passport with at least **6 months validity**
- Have a return ticket or proof of onward travel
- Submit the **SG Arrival Card** (online or via mobile app) **within 3 days before arrival**



Submit SG Arrival Card:

<https://eservices.ica.gov.sg/sgarrivalcard/>

Visa Invitation Letters for International Participants

If you require a visa to enter Singapore for the Kudo Seminar, we can issue a **visa invitation** letter upon request.

To ensure sufficient time for visa processing, please submit an email to **events@sgkf.sg** by 1 September 2025 (23:59, Singapore Time).



Click here to access the **[Visa Request Form](#)**

Please note:

- The invitation letter is issued only for registered seminar participants.
- It does not guarantee visa approval.
- We recommend checking with your nearest Singaporean embassy or consulate for the most up-to-date visa requirements.

If you have any questions, feel free to contact us at **events@sgkf.sg** or Whatsapp on **[+65 8091 8098](tel:+6580918098)**.



◆ Accommodation

While you're free to stay anywhere, we recommend choosing one of the following hotels for easy access to the venue.

- **Furama RiverFront**
405 Havelock Road, Singapore River, Singapore, 169633, Singapore
Price: \$150/ Night
- **Hotel 81 Heritage**
71 Jalan Sultan, Kampong Glam, Singapore, 198985, Singapore
Price: \$100/ Night


We also recommend booking accommodation in centrally located and well-connected districts to ensure convenient access to the seminar venue, public transport, dining options, and cultural attractions. If you're not staying at the suggested hotels above, consider the following areas:

1. Bugis / City Hall / Orchard

Convenient and centrally located with many malls, MRT lines, and walking distance to cultural sites. Good mix of hotels, food options, and amenities.

2. Clarke Quay / River Valley

Riverside area with easy access to nightlife, bars, and scenic walks. Slightly more upscale, but close to many central locations and MRT lines.

 **Tip:** Most hotels accept international credit cards. Always book early, as hotels can fill up quickly due to other events.



◆ Transportation Around Singapore

Singapore is well-connected and safe, with efficient transport options to suit every need.

Public Transport

- **MRT (Mass Rapid Transit):** Clean, fast, and reliable rail system that covers most of Singapore.
- **Public Buses:** Extensive bus network available throughout the island.
- You can pay using:
 - **Credit or Debit Cards (Visa, Mastercard, AMEX)** with contactless payment
 - **Mobile Wallets** like Apple Pay, Google Pay, Samsung Pay
 - **EZ-Link / NETS FlashPay cards** (available at MRT stations or convenience stores)



No need to buy a special tourist card — just tap your credit card at the gantries.

Private Transport / Ride-Hailing

- **Grab** – Most popular ride-hailing app (cars, taxis, food delivery)
- **Gojek** – Competitive prices and promos
- **Ryde** – Carpooling and ride-booking app
- **ComfortDelGro / TADA** – Local taxi-booking options
- All apps accept major credit cards and digital payments.

Tip: Download Grab or Gojek before arriving. Use Wi-Fi at Changi Airport to book your first ride.



◆ Weather

September in Singapore is warm and humid.



Temperatures range: **26°C – 32°C**



Humidity: High



Bring lightweight, breathable clothing and stay hydrated!

◆ Things to Do

Explore Singapore: Culture & Heritage Highlights

Singapore is more than just a modern city — it's a melting pot of cultures, where traditions of the Chinese, Malay, Indian, Peranakan, and Eurasian communities blend harmoniously. If you have time before or after the seminar, here are some must-visit places to experience the **cultural soul of Singapore**:



Peranakan Culture

1. Peranakan Museum



Armenian Street

A newly renovated museum dedicated entirely to the vibrant Peranakan heritage.

Discover the unique blend of Chinese and Malay traditions through intricate beadwork, clothing, furniture, and interactive exhibits.



<https://www.nhb.gov.sg/peranakanmuseum>

2. Katong–Joo Chiat District



East Coast area

A charming neighborhood full of colorful shophouses, heritage homes, and authentic Peranakan eateries. Look out for:

- **Koon Seng Road**: Iconic pastel Peranakan houses
- **Kim Choo Kueh Chang**: Famous for Nyonya rice dumplings
- **Rumah Bebe**: Boutique and museum with Peranakan crafts



Malay Heritage & Kampong Glam

3. Malay Heritage Centre



Sultan Gate



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Learn about the history of Singapore's Malay community in the former Sultan's palace. Don't miss the **Sultan Mosque** and the lively **Haji Lane** for murals and local crafts.

Little India

4. Indian Heritage Centre

 Campbell Lane

A striking contemporary building in the heart of Little India showcasing South Asian culture, textiles, religion, and migration stories.

Explore nearby:

- **Sri Veeramakaliamman Temple**
 - **Tekka Market** for spices and local food
-

Chinatown

5. Chinatown Heritage Centre

 Pagoda Street

A walkthrough of life in old Singapore through recreated interiors of 1950s shophouse homes.

Also explore:

- **Buddha Tooth Relic Temple**
 - **Sri Mariamman Temple**
 - Street food at **Chinatown Complex Food Centre**
-

National Museum of Singapore

 Stamford Road

Singapore's oldest museum offers a wide-angle lens into the nation's history, from the colonial era to independence. Excellent for context on the multicultural roots of modern Singapore.



Packing Checklist for Kudo Seminar & Grading

Make sure you're fully prepared for two days of intensive training and grading. Use this checklist to help you pack everything you need:



Kudo Gear

- ☒ **Clean Gi (uniform)**
- ☒ **Belt / Obi** (appropriate to your current grade)
- ☒ **Kudo Helmet**
- ☒ **Kudo/MMA Gloves** (open-palm sparring gloves)
- ☒ **Shin Guards** (soft-style for safety)
- ☒ **Mouthguard** (mandatory for all sparring)
- ☒ **Groin Guard** (recommended for all participants)



Personal Essentials

- ☒ **Toiletries** (towel, soap, deodorant, etc.)
- ☒ **Extra change of clothes** (training gets sweaty!)
- ☒ **Flip-flops/slippers** for the venue
- ☒ **Water bottle**
- ☒ **Energy snacks / sports drinks**



Health & Medication

- ☒ **Personal medication** (bring enough for your entire stay)
- ☒ **Medical documentation** if you require specific items (e.g. inhaler, EpiPen)



IMPORTANT NOTICE: Singapore Drug Laws

Singapore enforces **very strict anti-drug laws**.


- **All recreational drugs are illegal** — including substances that may be legal in other countries (e.g. cannabis, edibles, CBD oil).









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- **Prescription medications** must be declared if they contain controlled substances.
 - If in doubt, bring a **doctor's letter** and original packaging.
 - Check with Singapore's Health Sciences Authority (HSA) before travelling.

 More info: <https://www.hsa.gov.sg>

 Possession of illegal drugs in Singapore carries severe penalties, including **long prison terms or capital punishment** for serious offences.

Optional (but useful):

-  Travel adapter (Singapore uses UK 3-pin plugs – 230V)
-  Seminar registration confirmation (digital or printed)
-  Notebook & pen (for seminar notes)
-  Light jacket (some indoor venues are air-conditioned)
-  Local SIM or roaming plan
-  Umbrella or poncho (weather can be unpredictable)

Tip: Pack your gear in a breathable duffel bag or backpack, and label your equipment clearly — especially if others have similar gear.



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◆ Contact

For seminar details, registration help, or travel assistance:

✉ Email: events@sgkf.sg

☎ WhatsApp: [+65 8091 8098](https://wa.me/6580918098)

🌐 Website: sgkf.sg

◆ Final Notes

✓ Insurance coverage is your own responsibility

✓ Be respectful, train hard and enjoy the Kudo spirit with friends from around the world!

We look forward to seeing you in Singapore. OSU!

Kudo Federation (Singapore)