The 3rd Pan American Kudo Championships, October 5-6, Saltillo, Mexico

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Mexican Kudo Federation has hosted KIF approved Pan American Championship in Saltillo Mexico on October 5-6.

Additionally, a self-defense seminar, a technical seminar, and a branch managers' meeting were also conducted.

In the self-defense seminar, KIF Head Director Takahashi led the instruction for branch chiefs and instructors in the Americas. From a self-defense perspective, participants practiced multiple techniques, including patterns where attackers are thrown and subsequently restrained to prevent further movement. Two videos of this seminar have been uploaded.

In the technical seminar, Jukucho Osada of DaidoJuku provided guidance on fundamental throwing techniques, as well as throws that follow catching an opponent's kick. Movements involved using the entire body and imaging ample space between oneself and the opponent.



72 competitors from 6 countries—Brazil, Canada, Chile, Colombia, Mexico, and the United States—participated in the junior, senior, and general (men's and women's) classes. The tournament was streamed online for a global audience.





The two-day tournament featured junior matches on the first day, followed by senior and general matches on the second day. Highlights of the intense matches are also available on the KIF website.

 $https://ku\text{-}do.org/2024/10/12/a\text{-}digest\text{-}video\text{-}of\text{-}the\text{-}pan\text{-}am\text{-}kudo\text{-}championships\text{-}has\text{-}been\text{-}released/}$

The tournament results are available on the official KIF website.

https://ku-do.org/2024/10/09/pan-american-kudo-championship-results/

At the Pan American Championship, the digital Kudo member card was used for the entry of the competitors for the first time.



Looking ahead, tournaments are scheduled across various regions in the Americas to select representatives for next year's World Cup.